

# 9th Annual Conference

June 3rd and 4th, 2022

Golden Hotel 800 11<sup>th</sup> Street, Golden, Colorado

Proof of vaccination is required.

All meeting events are scheduled in the Golden Vista Room unless indicated otherwise.

## Friday, June 3

8:00	Coffee, hot tea
8:30-11:30	Candidates meet in the Mesa Room for their case colloquium
10:00-11:00	Analysts meet for a Q&A regarding the CGJIC Training Institute program
1:00	Welcoming Address: Kathryn Kuisle, President, CGJIC Program Logistics: Barb Lane, CGJIC Vice President
1:30-2:45	CGJIC Analysts' Business Meeting Candidates' process meeting in the Mesa Room
2:45	Break
3:00	New candidate welcome circle, and graduation ceremony with analysts and candidates
5:00	Dinner Break
6:30	Registration for Guests
7:00	Keynote Address (Open to registered guests)

## The Self in Exile—Amplifications on the Cassandra Complex: Loneliness, Specialness, Disbelief, Betrayal

Panel: Lourdes Albarran, Christine Chao, Grazia Di Giorgio

### Saturday, June 4

**9:00** Registration in the Golden Vista Room

**9:15–10:15 Opening Ourselves to Cassandra: Inside and Outside** (Open to registered guests)

Panel: Lourdes Albarran, Christine Chao, Grazia Di Giorgio

**10:15** Break

#### 10:30–11:30 The Phoenix: Suffering and the Path to Renewal and Wholeness

Presenter: Douglas Graves (Open to registered guests)

11:30-1:15 Lunch

1:15 Golden Vista Room

1:30–2:30 Dogs and Roses (and cats too!): My Jungian Journey

*Individuation Presentation: Debby Monniger*"I will present a video about my experiences in training

as well as what has inspired and helped me on my journey."

2:30 Break

3:00–4:00 Voices from the Autonomous Psyche in Perilous Times

Presenters: Kornelia Grabinska and Lara Newton

**4:00** Break

6:00 Reception in the Mesa Room, and **Banquet at 7:00 pm** in the Golden Vista Room

#### **Descriptions of 2022 Conference Presentations**

### Friday Keynote Lecture

## The Self in Exile—Amplifications on the Cassandra Complex: Loneliness, Specialness, Disbelief, Betrayal

Panel: Lourdes Albarran, Christine Chao, Grazia Di Giorgio

Lourdes Albarran, Christine Chao and Grazia DiGiorgio will present various facets of the Cassandra complex, which grew out of their work over the past year as they met, talked, discussed, and delved into issues of diversity, equity, and inclusion. These ideas also incorporated a zoom discussion that was held with our larger CGJIC members.

The presentation hopes to further inquire how we can employ the best of Jungian thinking as we address the struggles for justice and inclusivity and celebrate the gifts that diversity brings.

When issues about racial, ethnic, national and religious identity are brought up they are often disregarded, buried or dismissed. Issues of sexual orientation, disabilities are also side-lined unless they appear in a dream and then they are talked about as "shadow figures" in the unconscious of individuals from the dominant culture. The actual persons who embody these differences and who can speak to these issues are often ignored.

Thus Cassandra enters the picture. Cassandra, the one who was first given the gift of prophecy, the gift of truth-telling, but was later cursed, such that no one would believe the truths that she uttered.

Our three presenters will set the stage for today, discuss various versions of the myth with amplifications and finally will present three women from Mexico whose stories will illustrate that perhaps there is redemption to be found in working with the Cassandra complex.

**Lourdes Albarran,** Jungian Analyst (2010) lives in Mexico City and is a member of the Colorado Jung Institute. She is a teacher, a supervisor and a member of the Diversity, Equity, and Inclusion Committee. She has a private practice in Mexico City. Her main interest is in relating Mexican mythology and Mexican history to Jungian Psychology.

Christine Chao, PhD (DU 1981), is a Jungian Analyst and licensed clinical psychologist in private practice, and a past clinical director and interim executive director of the Asian Pacific Center where she continues to consult and provide clinical supervision. Her interests include Asian mental health, identity formation, the significance of ancestral altars, and how Jungian work can open up seats at the welcome table" for people from diverse cultural and ethnic backgrounds. She sings with The Spirituals Project Choir at the University of Denver.

**Grazia Di Giorgio** is an Italian-American Jungian Analyst with a background in somatic and contemplative psychotherapy. She currently lives in Bari, Italy, where she maintains a private practice, and she is a member of the Board and of the Diversity, Equity, and Inclusivity Committee of the CGJIC. Aside from being passionate about social justice, her main current interests include alchemy, typology, and neuroscience.

#### **Interactive Presentation**

### Opening ourselves to Cassandra: Inside and Outside

Panel: Lourdes Albarran, Christine Chao, Grazia Di Giorgio
We invite you to share and reflect upon the Cassandra complex in ourselves and in the world

### **Presentation**

### The Phoenix: Suffering and the Path to Renewal and Wholeness

Presenter: Douglas Graves

This presentation focuses on the history and description of the immortal symbolic image of the Phoenix, emphasizing its solitary nature and endless cycle of death and rebirth. The Phoenix motif seems deeply applicable during a time of great suffering, polarization, and discord in humanity, such as we now face. This image has been with humanity for eons, reemerging throughout the ages to remind us of the journey of suffering and solitude that we must move into and through in order to gain the blessings of renewal, a connection to the self, and greater wholeness across one's life.

**Douglas Graves, Psy. D.**, is a clinical psychologist licensed in California and Colorado. His areas of expertise include trauma-informed therapy, LGBTQ+ psychotherapy, and group therapy, as well

as being a "generalist" clinician. Currently, he is a Training Candidate attending the C.G. Jung Institute of Colorado, in the "Control Phase" of the program, and he maintains a full-time private practice in Denver

#### Presentation

### Voices from the Autonomous Psyche in Perilous Times

Presenters: Kornelia Grabinska and Lara Newton

Kornelia Grabinska and Lara Newton will introduce the topic of collective dreams that have come into our awareness (our own dreams and those of clients or friends) during these past perilous years. We all know the outer experiences of what we've been living through, but are there messages from the deeper psyche that can enrich and even enliven our journey in times like this? We hope and expect that our colleagues will join in this discussion, and that it can become a time of soulful sharing.

**Lara Newton, M.A.,** is a founding member of the C.G. Jung Institute of Colorado and is the former Director of Training. She is also the President of the C.G. Jung Society of Colorado. She has authored one book, *Brothers and Sisters: Discovering the Psychology of Companionship,* and various articles. She enjoys writing and teaching and has a private practice in Denver.

**Kornelia Grabinska**, **PhD**, moved to the USA from Poland when she was a young woman. She obtained her analytic training from the Institute of Research and Depth Psychology according to C.G. Jung and Marie Louise von Franz in Switzerland. Her initial work was on the symbolism in Inuit folktales. Her recent presentations focus on death as a transformer of the psyche, descent of Inanna, and alchemical transformations as depictions of psychological development. Dr. Grabinska is a member of the Colorado Jung Institute. She lives and practices in Fairbanks, Alaska.